

A systematic approach to learning

Facts

- High school degrees are worth less than ever before
- College is becoming more like high school as a result
 - Does this make you happy?
- How can you make your degree worth more?
 - By getting the most out of it

Study in reliable chunks

- As you know, “reliability” means repeatable results
- Take a day-planning sheet and itemize how you spend your time each day of the week
- How much time do you spend on socializing, entertainment, et cetera

Compromise

- What can you compromise on to add new chunks of available, reliable time for studying?
- You need several hours per day dedicated to your classes
 - That's the expectation of you from your professors
 - It's your choice to either meet or not meet it

	A	B	C	D	E	F	G
1		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	TIME						
3	7:00						
4	7:30						
5	8:00						
6	8:30			IDs	IDs	IDs	
7	9:00		Teach	IDs	IDs	IDs	
8	9:30	Office Hours	Teach	IDs	IDs	IDs	IDs
9	10:00	Office Hours	Teach	Writing	IDs	IDs	IDs
10	10:30	Office Hours	Teach	Writing	IDs	IDs	IDs
11	11:00	Office Hours	Teach	address weaknesses	Enter data/Lunch	Enter data	IDs
12	11:30		Teach	in thesis Q's	Enter data/Lunch	Enter data	Work on thesis
13	12:00		Teach	Lunch	Enter data/Lunch	Lunch	Work on thesis
14	12:30		Teach	Lunch	Enter data/Lunch	Lunch	Work on thesis
15	1:00		Lunch	Read for thesis	DEGREE PLAN	Research Thesis	Lunch
16	1:30		Lunch	Read for thesis	DEGREE PLAN	Bibliography f/	Lunch
17	2:00		Read Plzoo	Read for thesis	Research Plzoo	papers read on	Enter data
18	2:30		Read Plzoo	Enter Data	Bibliography f/	Wednesday	Enter data
19	3:00		Read Plzoo	Enter Data	papers read on		Misc/catchup
20	3:30		Read Plzoo	Office Hours	Tuesday		Misc/catchup
21	4:00		Read Plzoo	Office Hours			
22	4:30		Read Plzoo	Office Hours			
23	5:00		Teach	Teach			
24	5:30		Teach	Teach			
25	6:00	Paleozoology	Teach	Teach			
26	6:30	Paleozoology	Teach	Teach			
27	7:00	Paleozoology	Teach	Teach			
28		Paleozoology					

Commitment

- No plan will work unless you stick to it
- If my door is closed, I am writing...
 - It is highly unlikely that I will answer because I devoted that time to myself
 - Do the same for yourself with studying